

Outdoor Gym List

Equipment (Activity)	<u>Barnet Playing Fields</u>	<u>Childs Hill Park</u>	<u>Edgwarebury Park</u>	<u>Friary Park</u>	<u>Hendon Park</u>	<u>Mill Hill Park</u>	<u>Oak Hill Park</u>	<u>Watling Park</u>
Leg Press (Strength)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Chest Press (Strength)							<input checked="" type="checkbox"/>	
Pull Down Exercise (Strength)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Space Walker (Cardiovascular and Mobility)							<input checked="" type="checkbox"/>	
Skier (Cardiovascular, Mobility and Toning)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Exercise Bike (Cardiovascular)	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>
Hand Bike - Accessible (Cardiovascular)		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>				
Rower (Cardiovascular, Mobility and Toning)							<input checked="" type="checkbox"/>	
Surfer (Flexibility and Mobility)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Body Twister (Flexibility and Mobility)							<input checked="" type="checkbox"/>	
Four Wheel Spinner - Accessible (Flexibility and Mobility)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>
Stepper and Abs Curl (Toning)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>
Sit Up Bench (Toning)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>